



**Tung Wah Group of Hospitals  
Lions Club of South Kowloon Nursery School  
Chinese Culture School-based Learning**

## **Mid-Autumn Festival Activities**

Activity Date / Time		Object
2023 - 2024		N to K3 students

### **Aims**

- Understanding the origin of the Mid-Autumn Festival
- Learning about the customs and characteristics of the Mid-Autumn Festival
- Experiencing the festive atmosphere through celebration activities, which also helps to strengthen the parent-child relationship.

### **Overview**

Before Mid-Autumn Festival, we encourage parents and children to collaborate on creative ideas by hand-painting or utilizing recyclable materials to make lanterns, which will be hung indoors for decoration.

To help children understand the traditional customs of the Mid-Autumn Festival, we invite parents and children to make mooncakes together, celebrating the festival and experiencing the festive atmosphere.

On the day of Mid-Autumn Festival, which falls on the 15<sup>th</sup> day of the 8th lunar month, our center will host celebration activities with children. Through stories, lantern riddles, and playing their lanterns, children will learn about the customs and characteristics of Mid-Autumn Festival. For example, they will understand the changes of the moon, and how the round moon of the festival symbolizes "reunion." Families gather to appreciate the moon and enjoy mooncakes, which brings forth the beautiful meaning of togetherness during the Mid-Autumn Festival.

## Photos



Parents and children collaboratively make mooncakes to welcome the Mid-Autumn Festival and experience the festive atmosphere together.



Children explore and taste seasonal foods such as taros water chestnuts, persimmons, and pomelos, helping them understand the customs and characteristics of Mid-Autumn Festival.



Children participate in playing their lanterns and lantern riddles. This allows them to appreciate various lantern creations and experience traditional festive activities, sharing in the joy of the celebration.