

Tung Wah Group of Hospitals
Lions Club of South Kowloon Nursery School
Chinese Culture School-based Learning Activities

Dragon Boat Festival Activities

Activity Date / Time	Object
2023 - 2024	N to K3 students

Aims

- Understanding that the Dragon Boat Festival is a traditional Chinese holiday.
- Learning about the customs and characteristics of the Dragon Boat Festival
- Recognizing the ingredients of rice dumpling and the rice dumpling has a pyramid shape
- Encouraging children to create dragon boats and imitate rowing them to foster a spirit of cooperation

Overview

Before the Dragon Boat Festival, our school allows children to learn about the legends and customs of the festival through stories and videos, including eating rice dumpling and dragon boat racing. Teachers and children sing songs related to the Dragon Boat Festival, and use recycled materials to create dragon boats, helping children understand the structure of the boats. Afterwards, children play the role of rowing the dragon boat to the beat of the drum, experiencing the tense and lively atmosphere, and learning the spirit of cooperation.

Additionally, teachers and children make rice dumpling together, children can learn the names of ingredients, experience the process and the fun of making rice dumpling. After that, children taste the rice dumpling together at the tea time, experiencing the traditional festival culture through its characteristic food. Through the process of making rice dumpling together.



Photos



Children learn more about the traditional customs of the Dragon Boat Festival by watching dragon boat videos, reading storybooks and looking at pictures about the festival, and creating artworks.



The teacher and the kindergarten assistant introduced the ingredients for making rice dumplings, allowing the children to explore the smell and texture of the ingredients through their sense of smell and touch. Afterwards, the children tried placing various materials into the bamboo leaves with the teacher's assistance, they used cyperus tegetiformis to tie the rice dumplings. During snack time that day, the children enjoyed tasting the rice dumplings together.

